

## **FLO Course – Trauma-Informed Teaching**

Dates:

**Facilitators:**

**Learning Outcomes:**

Upon completion of this course, participants will be able to:

- Define trauma
- Explain the impacts of trauma on student learning
- Identify teaching strategies that align with trauma-informed practice (including instructor self-care and boundary setting).

**Week 1 Topics:**

- Introduction to facilitators and participants
- Introduction to the Topic
- Boundaries and Self-Care
- Empathy

**Week 1 Tasks:**

- **Synchronous Session** (Zoom)
- **Introduce selves** through the Discussion forum
- **Engage** with the materials listed in Week 1
- **Comment on a scenario of self-care** (Discussion forum)
- **Self-Care Plan** (assignment that you will post to the Assignment Dropbox)

**Week 2 Topics:**

- Guiding Principles of Trauma Informed Practice
- Teaching Strategies
- How to Create a Welcoming Environment
- Reflections and Take-Aways

**Week 2 Tasks:**

- **Engage** with the materials listed in Week 2
- **Comment on a scenario of student disclosure** (Discussion forum)
- **Trauma-Informed Teaching Approach Implementation Plan** (assignment that you will post to the Assignment Dropbox)
- **Synchronous Session** (Zoom)
- **Final Thoughts/Reflections** through the Discussion forum