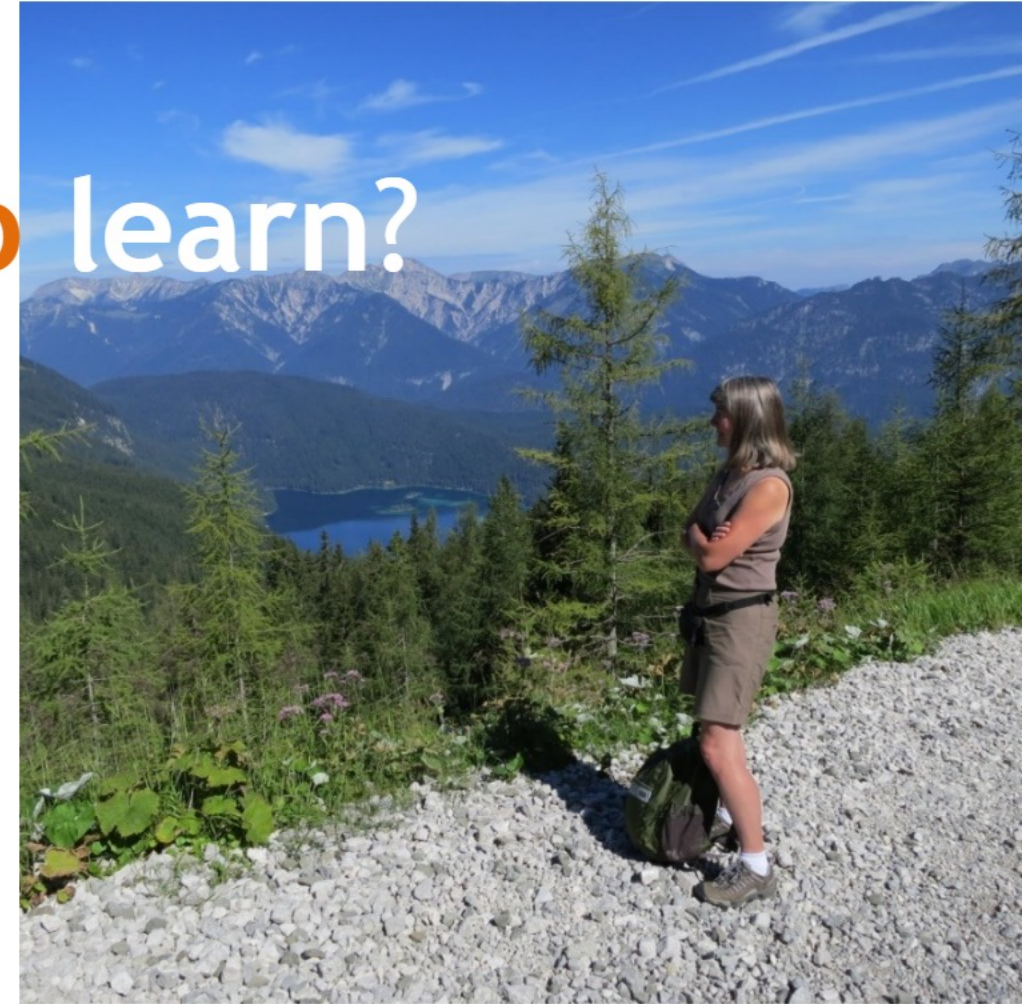


# What do I want / need to learn?

Take a moment to look ahead

- What is my assignment – what does it look like?
- When do I need to complete it?



# What do I know now?

What knowledge / skills will help me ?

What tools do I have at hand?



# Set priorities

What is essential?

What is important?

What are the first “blocks” of knowledge  
I need to build my assignment?



# What steps will move me forward?

Map my journey? Identify waypoints?

Post a schedule with “check-ins”





# Prepare

Set specific tasks

Set aside time to learn

During learning sessions:

- *Remove temptations!*
- *Focus*

Schedule breaks

Calendar for the month of \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			14	15		

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Remember "why"  
Reward yourself

# What could you do today?

